## BIOPSYCHOLOGY ESSAY PACK

split-brain research. (16 marks)
Ans.
Hemispheric lateralisation refers to the dominance of
Lateralisation was classically investigated using <u>split-brain research</u> . In severely epileptic patients,
In a series of studies, Sperry and Gazzaniga presented split-brain patients with
Referring to the quote above, it is clear that in
A <u>strength</u> of split brain research is <u>support from</u>

1. 'The great pleasure and feeling in my right brain is more than my left brain can find the words to tell you' (Roger Sperry). With reference to this quote, outline and evaluate

Methodological flaws in split-brain research have also been reported as <u>weaknesses</u> . One has
peen
Another has been representation of
e. Finally, critics have pointed out
hat in some patients,
Despite the possibility of confounding and methodological flaws of early research, a <u>strength</u> is
reconfirmation of findings by investigating
Referring to the quote again, it appears that it is

## 2. Outline and evaluate research into ultradian and infradian rhythms. (16 marks)

Ans.
Ultradian rhythms are biological cycles <u>shorter than 24 hours</u> . The most prominent is the cycle of <u>sleep stages</u> . In a single night, it repeats itself
Infradian rhythms are biological cycles <u>greater than 24 hours</u> . The most prominent is the <u>menstrual cycle</u> in women. Research shows that
One <u>strength</u> of research into ultradian and infradian rhythms is <u>empirical support</u> for most
One <u>weakness</u> , however, is that findings from research may be <u>overgeneralised</u> as

Finally, such research has the <u>strength</u> of <u>practical application</u> . Research into stages of sleep has	<u>l application</u> . Research into stages of sleep has	
led to development of		
	ı	

3. Some psychology students raised dysfunctional rats with a 18-hour sleep/wake cycle in a laboratory. When SCN cells from these dysfunctional rats were transplanted into the brains of normal rats, the cycles of the second group reduced from 24 to 18 hours. The students later exposed both groups to natural light/dark cycles to test whether environmental cues could override the transplanted SCN's rhythm. Surprisingly, the normal rats with transplanted SCNs maintained their 18-hour cycles, resisting entrainment to the 24-hour light cues.

Outline and evaluate the effect of endogenous pacemakers and exogenous zeitgebers on the sleep/wake cycle with reference to this experiment. (16 marks)

In mammals, the sleep-wake cycle is circadian - it occurs once in every 24-hour period. Its rhythm is maintained by endogenous pacemakers (EPs) or

Exogenous zeitgebers (EZs) or external time-giving cues entrain

Though EPs entrain to EZs, they are quite rigid, given

Ans.

A <u>strength</u> of the effect of EPs and EZs on sleep-wake cycle is repeated empirical support. Classic
research by
These findings were replicated in another classic study
. Animal studies have also
However, one <u>weakness</u> of all this research is <u>lack of ecological validity</u> .

## Jyotika Varmani

CIE A Levels Psychology School Teacher, Modern College, Mauritius
CIE A Levels Psychology Subject Expert, Podar International, Mumbai
AQA GCSE and A Levels Psychology Tutor, Expert Tutors, UAE
AQA A Levels Psychology Tutor, Higher OTS Academy, UAE
AQA A Levels Psychology Tutor, Gritty Tech, India
AQA A Levels Psychology Tutor, Aurora ELearning, UAE
Edexcel Psychology Tutor, ETutor Home, India

Youtuber with 4k+ Global Psychology Student and Teacher Subscribers
Psychology Website Author with 10M+ Global Views, visit:

https://excellingpsychology.com

9+ Years Experience in International GCSE and A-Levels Psychology Tutoring for CIE,

AQA, Edexcel and IBDP

M.A. (Psychology Honours), UGC-SET and NET (first attempt, first ranker),

PGDHE (Post-Graduate Diploma in Higher Education)

Visit Jyotika Varmani's complete profile at 
https://www.teacheron.com/tutor-profile/1KH

To book your GCSE/IGCSE/A-levels classes with Jyotika Varmani:

WhatsApp: +919892507784 OR

e-mail: jyotika@excellingpsychology.com

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